

# Why I Speak Of Religion As I Do

Paul Chek, HHP

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Dear HLC, C.H.E.K & PPS Practitioners,

I'd like to take this opportunity to share my heart with you on the matter of religion, why I speak of religion as I do.

As a seasoned Holistic Health Practitioner, I have clear awareness of the fact that in order to foster healing, "change" must take place. *To learn is to change and to change is to learn.* All illness, with very few exceptions, emerges from what psychologist Claire Graves referred to as a *transition disorder*. A transition disorder occurs when *the inner-reality* of the individual is incapable of adapting itself to the *outer-reality* of their immediate world. Illnesses may be viewed as physical, emotional, mental and or spiritual, yet the reality is that such descriptors are all expression of *one chain of being*.

My function as a teacher is to share my own life-wisdom with all whom *pay to hear it*. I do not proselytize people, for I personally have no religion to sell you! All I have is my life to share, and to the very degree that applying my teachings has enhanced your life, you have experienced my love.

To the degree that you have been unable to entertain my ideas, you have chosen to live your own ideas in place of the very teacher you've chosen to consult, which is always your prerogative. I am not your jailer. An honest survey of my teachings will show the following very clearly:

1. The message is that we should strive to love and respect the planet and each other.
2. That disease is indicative of an "idea-set" that is incapable of interfacing with the reality of your environment. Chronic unhappiness *is disease itself*.

3. We can all meet our basic safety and security needs *without harming life or each other unnecessarily*.

4. Each religion is akin to a ladder, taking you step by step to "Self-Awareness." Thus, anyone practicing *true religion* doesn't have any need or desire to *burn down another's chosen ladder; any ladder worth climbing only leads to unity for each and all*. If you are

defending your ladder with violent behavior or any life destructive behavior, metaphorically, that ladder is taking you into a hole, now into *Wholeness*.

5. Live and let live! That means that there is room for any and all philosophies that don't incite violence toward others and life in general.

All of my teachings are rooted in my own personal growth and development—a holistic experience related to *my learning has led me to seek out and to identify the weakest link* in each individual's *chain of being*. When I speak of religion, I speak of it as a necessary means of identifying the very root of programming that threatens life itself. I am not and never would *attack the individual holding the belief*, for I'm very clear that Unconditional Love is the very source of ALL LIFE.

As a teacher however, I am serving in the capacity for awakening people to this fundamental truth. One must be very brave to tell people the truth about themselves and life in general. As the old saying goes, *you can always identify pioneers by the arrows they have in their backs!*

As such, I allow each student a chance to look at his or her own reactions to my observations. To the degree that they incite violent behavior or judgment in anyone, there is a great opportunity being created to *feel* the very nature of their own un-examined beliefs and societal and cultural programming. It is not a personal attack on the individual. If someone acts aggressively toward me in this regard, I am happy, for I'm grounded in truth and offer myself as a mirror so that others can see and test their own living philosophy.

My philosophy of life may be summarized as follows:

1. "Never judge a man by the creed she or he professes, but by the life she or he leads." God is a "verb"!

2. Any philosophy worth living is worth challenging. Only through challenging, "testing" our ideas, can we ever come to determine weather they are the most efficient, most effective means of cultivating a means to an end; if we didn't train athletes this very way, would we ever break records?

3. Where there's a "right", there is automatically a "wrong" by the very necessity of relativity; right is only right relative to "your perspective." *If your savior is deemed the ONLY savior, you have at one-and-the-same time made everyone with a different "right," "wrong"!*

4. Unconditional Love gives to each and all their very wish at the speed of “NOW”! UCL can take not form, can’t be *idolized*, for to do so exemplifies “condition(s).” To the very degree that your life and your actions are *life affirmative*, you express the highest form of love we can know; to the degree that they denounce life, they are counter to what it means to live; the reverse of “live” is “evil.” Please consider that.

The highest form of love IS Unconditional Love; Unconditional Love IS the ultimate Verb. Unconditional Love = God; but not a God that can be spoken of, for to speak of anything is to create *condition*; *when we speak of God, we automatically create a condition of “my God” or “your God;” in so doing, we create polarity*. Yet, *unlike polarity*, Unconditional Love (UCL) IS Undivided Wholeness—as a boundless sphere—like the Sun, which gives equally in all directions, plays no favorites whatsoever.

What do I meant by this?

There are basic conditions that are primal and absolutely necessary to support life. They include safety and security through shelter, warmth, food, activity, rest, protection, and love. As human infants, we are born *free from the constraints of the programmed mind; the mind of “is and isn’t”*. The soul of us awakens as (human) being first, embedded in *body*. Each body is composed of cells, all of which have DNA that carry the historical record of biological life, how it survived, what may end life embodiment. Life~force emerges with inception, as the male (positive) sperm meets the female (negative) egg. Polarity creates sprouting and growth, which like a seed can only occur when the basic conditions for biological life are present. The DNA’s programs serve the cells, the very organism we call “body” with the offering of *instinctual intelligence*. Instinctual intelligence expresses itself as attraction to mothers breast, expression of discomfort by crying, which signals the parents to intervene when necessary changes are required to support the basic conditions that support new life.

From our very first breath our brain state is utterly and completely susceptible to all sources of information that enter through our senses and is akin to hypnosis; a form of unconsciousness resembling sleep and heightened suggestibility. The infant has *no intellectual intelligence* until programmed by parents, siblings, and surroundings, which include family at large, society and culture. This is precisely *why* instinctual intelligence—subconscious intelligence—is far more developed and critical for surviving the *programming period*. The infant and child are exquisitely sensitive to any inputs that challenge its basic survival needs.

The first seven years of life, the child's brain grows very rapidly and is capable of taking in and storing memory of practically *every conceivable input available by all its senses*. The great majority of intellectual learning that serves as our *operational software* for surviving, and hopefully *thriving* in the earth plane is acquired by age 7, at which time a process of *pruning* beings. By age 12, the child has reached a point that many psychologists and cognitive scientists have deemed to be the limit of *the average person's intelligence today!* Only those capable of learning will grow their intellectual intelligence effectively beyond that point. This means that the organism has a greater capacity to see and experience *love than it does to see and experience fear!*

Many great experts in child development, such as Rudolph Steiner, founder of the Waldorf School system, Joseph Chilton Pierce, Luther Burbank, author of "Raising The Human Plant," and others, have all warned that if the home environment is not one that fosters love and both encourages and gives space for unstructured *play*, particularly in the first 10 years of life, the child will learn to *defend itself* to a far greater degree than it learns to *explore its potential and expand itself*. Joseph Chilton Pierce has said (in paraphrase) that *today we are giving birth to and raising far more "street fighters" than we are intelligent, problem solving children*. You see, children emulate their parents; parents emulate their parents, who emulate their parents...

Children, born of Divine right to express themselves freely—in *play*—have become slaves to and literally *hijacked* by tainted religious ideals, imprinted upon their very souls by parents, usually out of honest

This is why I ask my student's to take an *honest look* at the *origin of their ideas*. The majority of the ideas that are implanted into our children's *open minds* in most all cases are directly to *religion as their parents, tribe or culture has prescribed*. Anthropologists have confirmed time and time again, that as long as humans have been alive, they can find evidence of *worship; the roots of religion run as deeply as science can dig!* It has been suggested that at some point in our biological evolution, *we became conscious that we had killed another living being—taken life—and at one and the same time, may have realized that we witnessed our act*. In witnessing our act, we became frightfully aware that we are something other than *just our body or our instinctual actions*. That may well have been the moment that *worship of something greater than "self"* emerged.

As such worship of a force greater than self emerged, there were still real needs to be met and often, meeting such needs brought us into great conflict with each other over food, shelter, space, intimacy, tools, etc. As our capacity for *reflection though (worship)* grew with practice, greater and greater awareness of each act of violence grew. As you can imagine, such awareness brought with it an increased sense of shame, guilt and pain.

Each of today's current world religions emerged in a unique location, in a unique time, and reflects the dominant fears and ideas cultivated through awareness of its leaders from that time. In each such case, there was tremendous conflict among the people and each religion's founder attempted to create *Unity* among them. In each case, historical record preserves the fact that once the founder of a religion is no longer living as a stabilizing and guiding force; *the ideals of the enlightened are diminished, reflecting those of successors*. In each case, there were *power struggles*, which clearly continue *today!*

It is fact that religious warfare (motivated by the *tainted ideals of the founders*) was, and "is" the largest single source of death on Earth; *this death-force extends to and threatens All life-forms, not just human beings!* We should all pay heed to the fact (easily observable from a careful study of all great world religions and their underlying tenants) that *none of the founders, if alive today, would condone the actions of their so-called "disciples" at large*. Osho highlights this point beautifully in one of his lectures, where he exemplifies this very point sighting record of Buddha's last request to his chief disciples; "*Please DON'T make statues of me!*" yet before the Buddha's body had even cooled, there were statues of him appearing everywhere! Buddha is said to be the most "statued" icon on the planet today! I bring this simple point up only because it exemplifies the challenges and dangers of leaving the teachings of *masters* in the hands of those without *mastery*.

I have personally devoted my entire life to the study of the human predicament. Anyone who has done any significant study with me (particularly CHEK Level IV Practitioners and those with enough vision to see my heart), including a very significant number of my P~P~S Success Mastery students, my Zero Force Coaching clients and my patients) is well aware of my true intentions. To prove conclusively that *programming determines perception*, I need only share that of the literally thousands of lectures I've given worldwide in my 25 year career, in every case, the critique sheets have *always reflected the student's ability to see me*. Those that look through fear-based programming become combative—*they can't hear the message*, primarily due to parental conditioning. Those who were raised with open hearts and minds, or who have achieved them through self-growth, consistently thank me for my

honesty and my bravery in telling the truth about the human condition, which now threatens the very fabric of life on this planet!

To achieve your potential as a CHEK Practitioner, a PPS Practitioner, a human being or a lover of life, we must welcome any legitimate challenge to our living philosophy. Openness is essential for change and learning can only occur when we change. As a Holistic Health Practitioner, my offering is to help people free themselves to create their stated dreams. Nothing else.

I hope each and every one of you can be brave enough to look inside you and around you to see the truth of your very own living philosophy. In cultivating that awareness, you will grow to the point that you don't become triggered by the observations of any teacher because you will possess an open mind, which is forever seeking the Truth.

Love and Chi,

Paul Chek

Playfulness is an indicator of intelligence ~  
Are YOU Playing?